

# **Clinical development of orally inhaled drug products: Bioequivalence Study designs, conduct, subject attributes and analysis - Challenges and Opportunity**

**2021 Generic Drug Science and Research Initiatives Public  
Workshop June 23**

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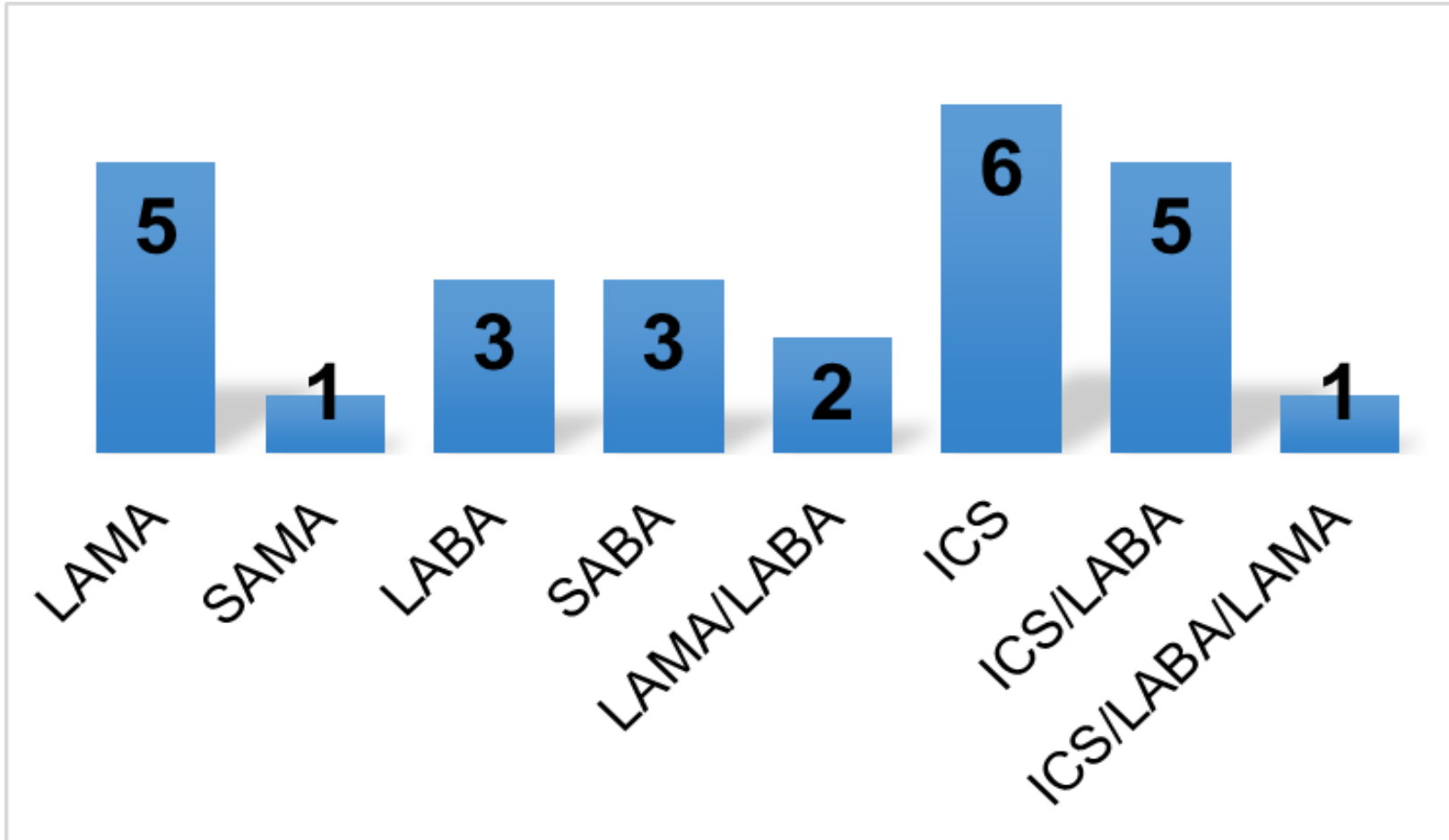
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# Background- ODDPS with Product specific guidelines-FDA

## COPD & Asthma



FDA weight of evidence approach

Invitro

Pharmacokinetic  
Bioequivalence (all  
strengths)

Clinical Endpoint  
study (lowest  
strength)

LAMA: Long acting muscarinic antagonist, SAMA: Short acting muscarinic antagonist, LABA Long acting beta-2 Agonist, SABA: short acting beta-2 agonist, ICS: Inhaled corticosteroids



# FDA Pharmacokinetic study design -OIDPS

## Bioequivalence Model-

- **Design**: Single-dose, two-way crossover
- **Dose**: Minimum number of inhalations –analytical method sensitivity
- **Subjects**: Healthy
- **End points**: AUC and Cmax  
T/R ratios limits 80-125%

Adequate and Robust Inhalation training SOPS and protocols

## Reference-scaled average BE

- $\geq 30\%$  Intra-Subject CV – Reference (drug substance)
- **Study design** -partial replicate: or full replicate

Widening of Equivalence margins=

$$-\left[ \ln(1.25) \frac{\sigma_{WR}}{\sigma_{W0}} \right] \leq \mu_T - \mu_R \leq \ln(1.25) \frac{\sigma_{WR}}{\sigma_{W0}}$$

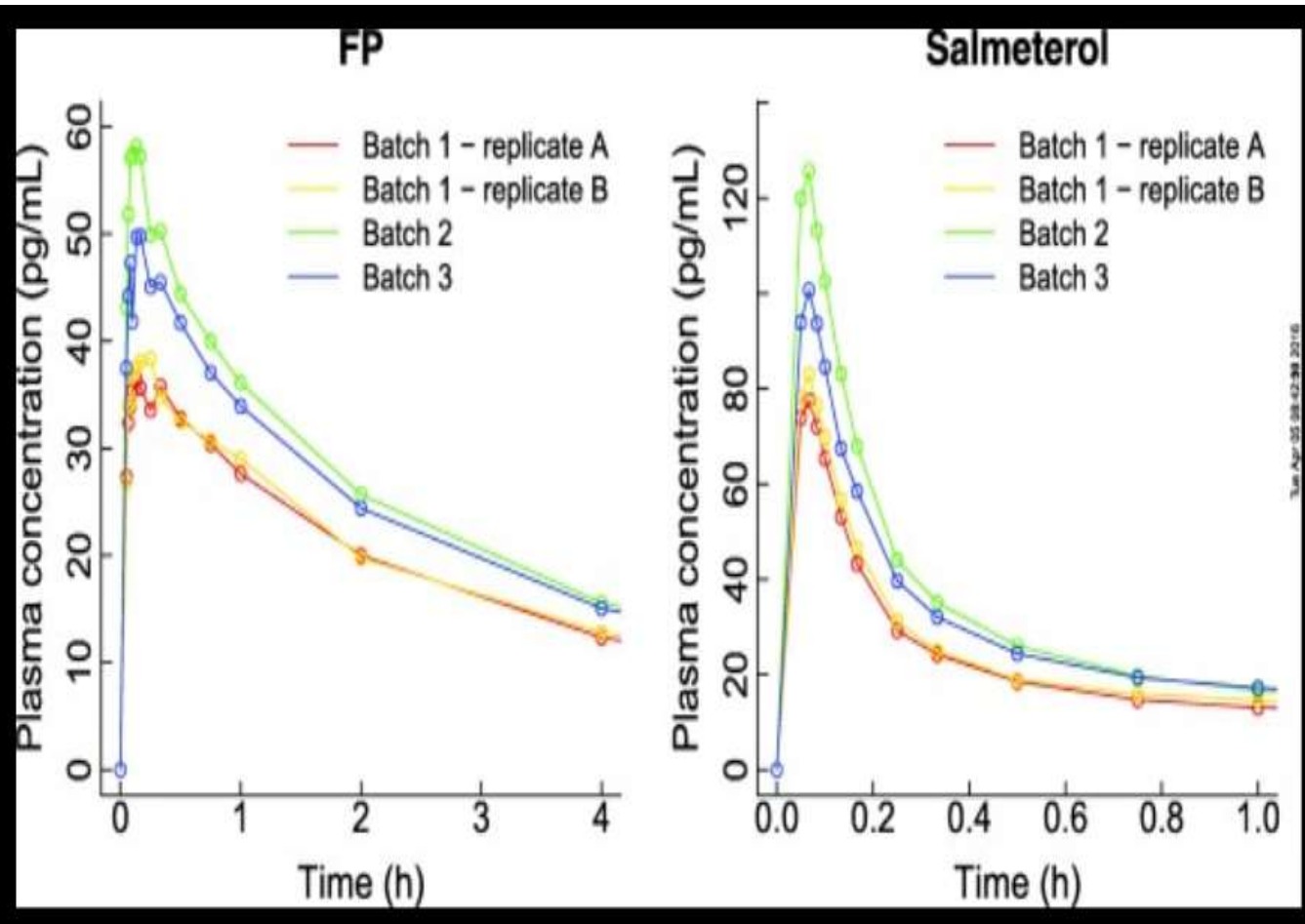
& point estimate within 80-125%

$\sigma_{WR}$  is the population within-subject variance  
of the  $\sigma_{W0}$  is a predetermined constant set by the regulatory agency=0.25



# Inter batch Variation in PK profiling

Advair 100/50 N=28



Getz et al . Clin Pharma & Therap , 100; 3; 2016

\*Haughie et al. JAMPDD 33; 2020; 34-42

Plausible-variability R1-R2,

- Manufacturing practice
- Complex product
- Complex Lung anatomy

Low dose

Near expiry batches

Alternative designs

- Increase the number of Puffs
- Multi batch approach

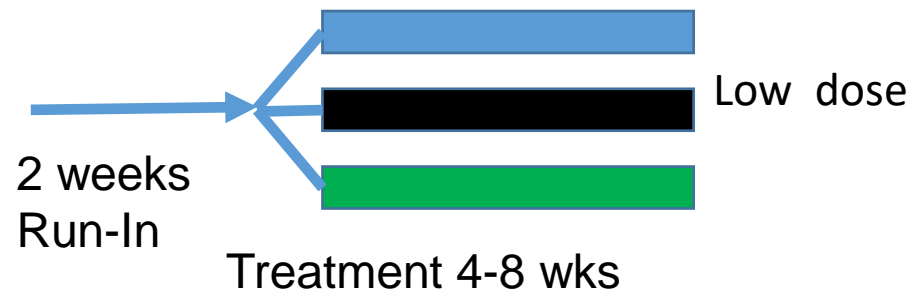
Alignment with FDA



# Clinical End-point study in LABA/ICS & ICS in Asthma

## Study Design

Parallel Design, Randomized  
Placebo controlled

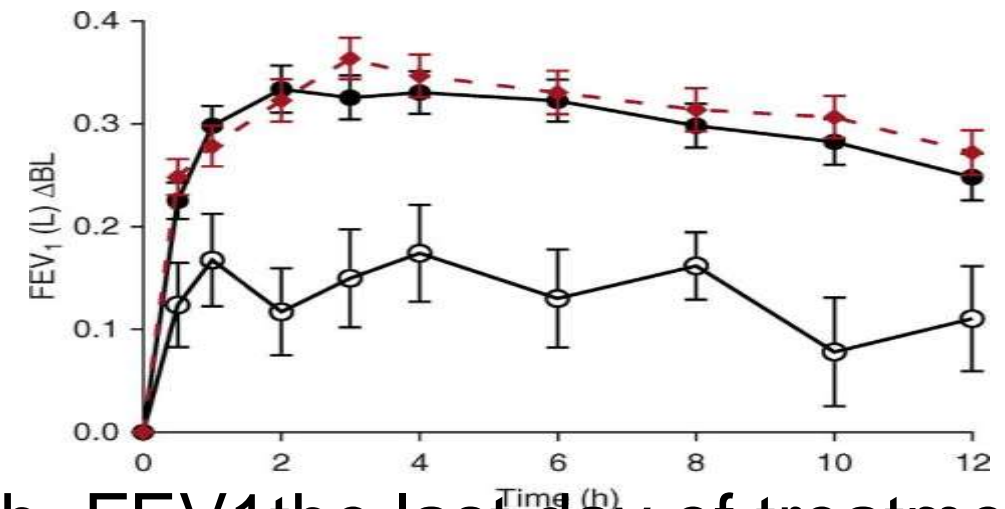


## Patient Characteristics

- FEV1% 40-85%

## Primary Endpoints

- FEV1- (AUC0-xh) on the first day of the treatment- baseline subtracted

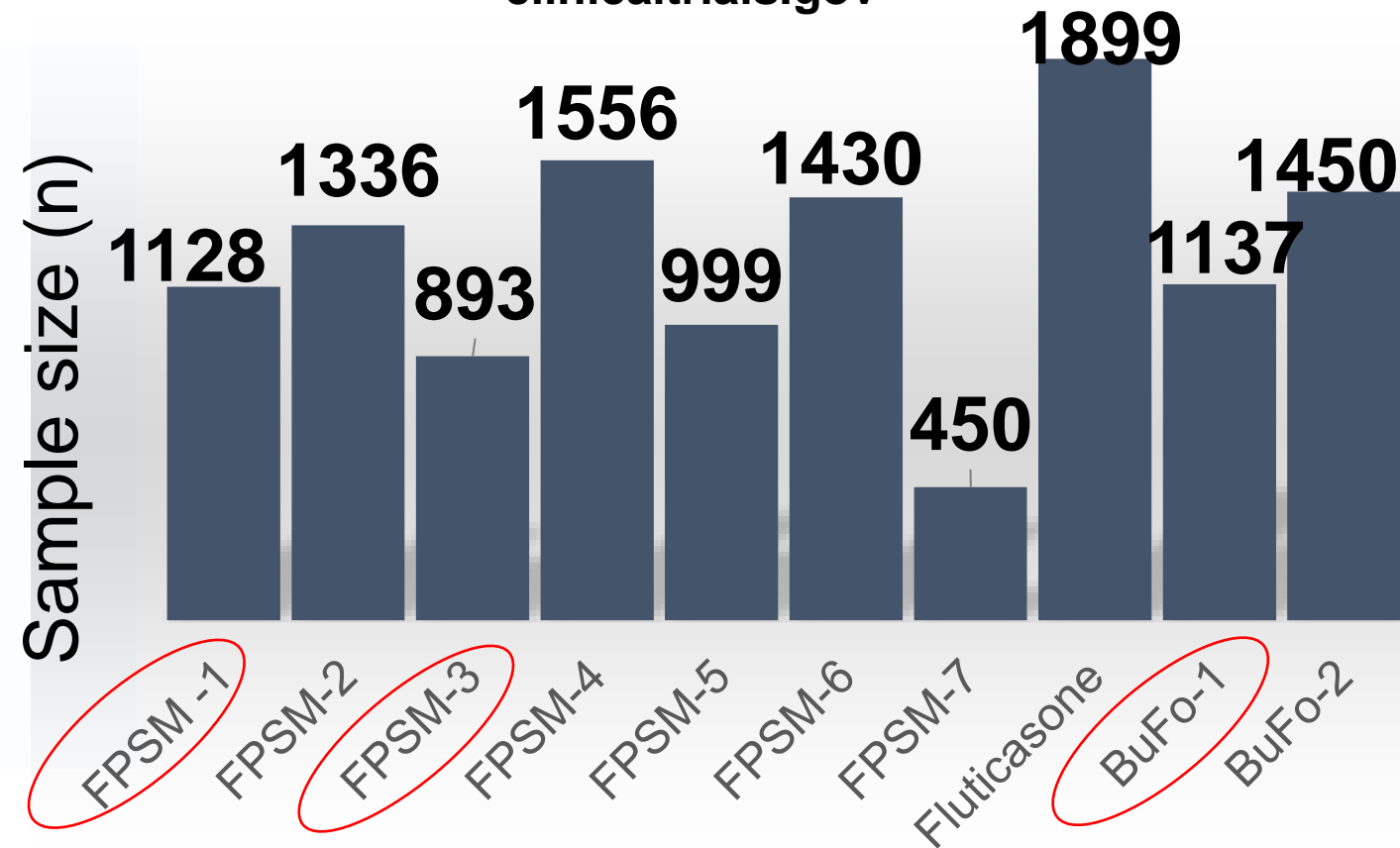


- Trough FEV1 the last day of treatment (ΔFEV1)-baseline subtracted
- Superiority of R & T to Placebo



# Sample Size and Variability contributors

clinicaltrials.gov



## Contributors to Variance

- Phenotypes - Endotypes#
- Comorbidities
- Exacerbations\*\*
- Low-dose steroid Variable response
- Spirometry attributed Variability

**Kerwin et al**  
 $\Delta$ FEV1 CV%=130  
 $\Delta$ FEV placebo=57 ml

**NCT02495168**  
 $\Delta$ FEV1 CV%=118  
 $\Delta$ FEV1 placebo=124 ml

**Longphre et al**  
 $\Delta$ FEV1 CV%=123  
 $\Delta$ FEV1 placebo=190 ml

#Kuruvilla et al. Clin Rev Allergy Immunol. 2019; 56(2): 219–233.  
 \*\*Bai et al. ERJ 2007 30: 452-456, Graham et al AJRCCM, 2019; 200; 8; 15; Barr et al. [Respir Care. 2008](#)



# Broncho-protection studies –Asthma-Albuterol

## Design

- Single dose, double-blind, double-dummy, randomized, crossover

## Patient Characteristics

- Asthma (mild).
- $PC_{20} \leq 8$  mg/mL.

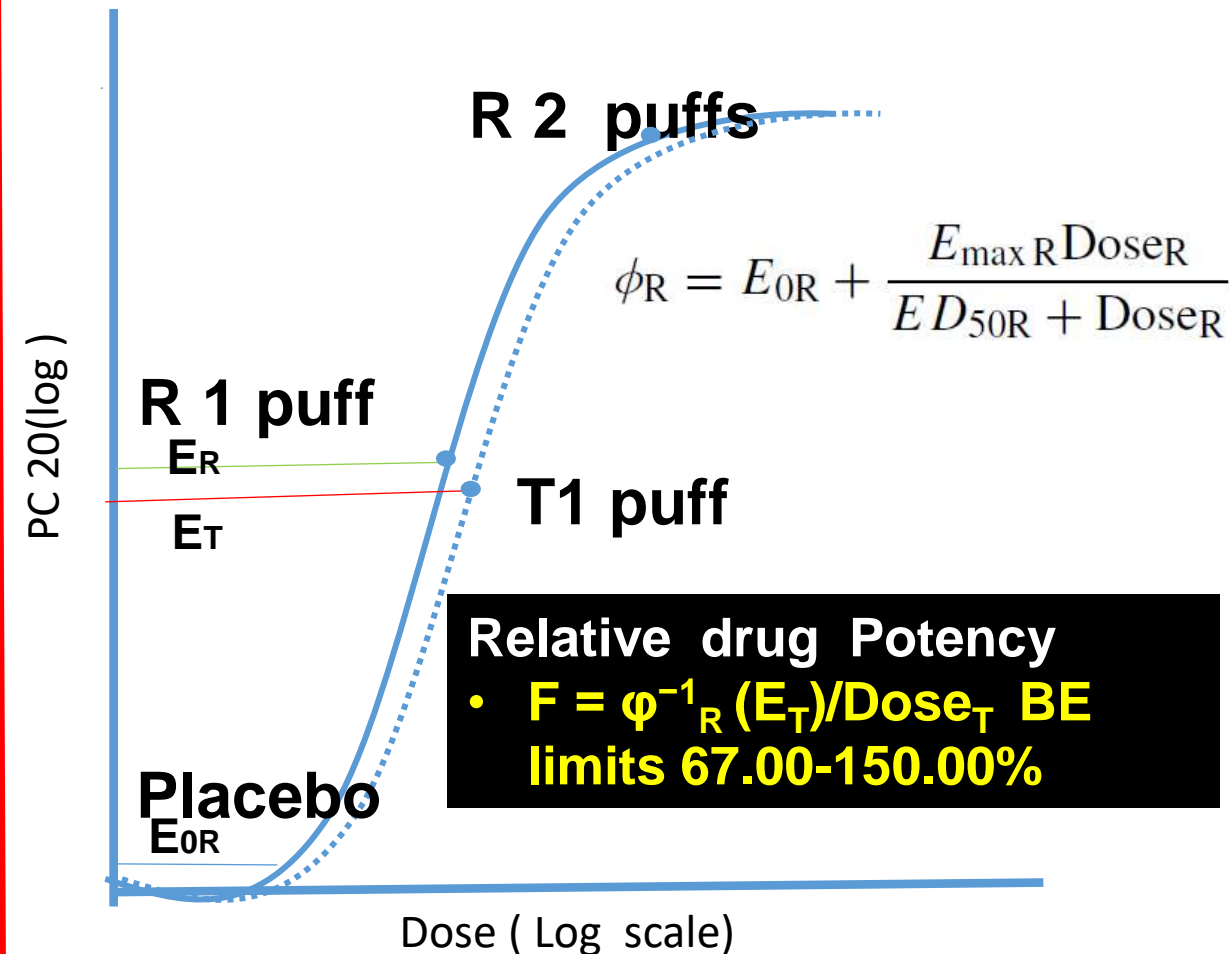
Endpoint: Post-dose

- Trained sites
- Standardized Procedure

$$PC_{20} = \text{antilog} \left[ \log C_1 + \frac{(\log C_2 - \log C_1)(20 - R_1)}{R_2 - R_1} \right]$$

C1 =concentration preceding C2, C2 =concentration resulting in a 20% or greater fall in FEV1, R1=percent fall in FEV1 after C1, R2 =percent fall in FEV1 after C2

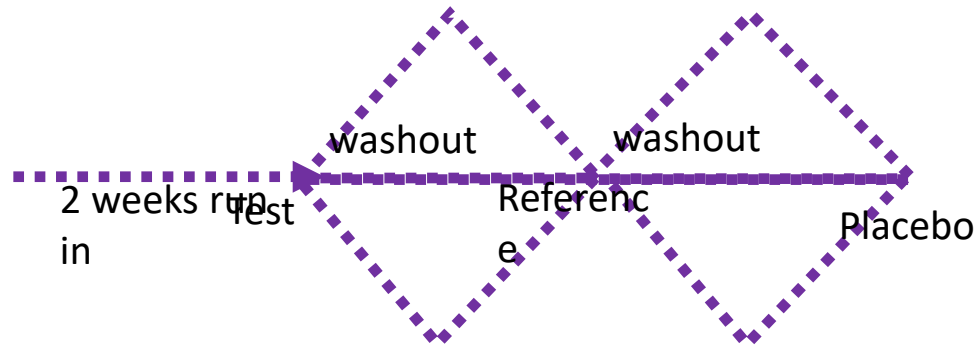
## Dose-scale analysis – Emax model





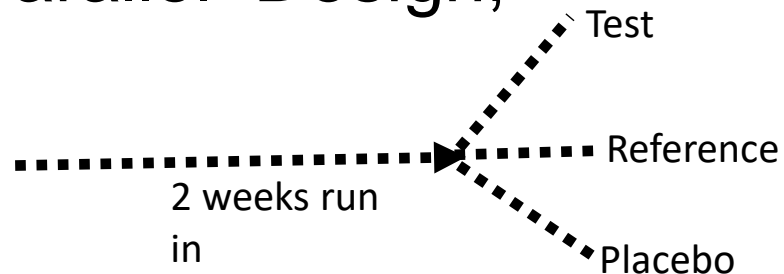
# Bronchodilator- Asthma & COPD patients

Crossover Design,  
Randomized Single dose,



**Allows patient Enrichment**

Parallel Design,



## Endpoints

- FEV1-AUC0-xh on the first day of the treatment:

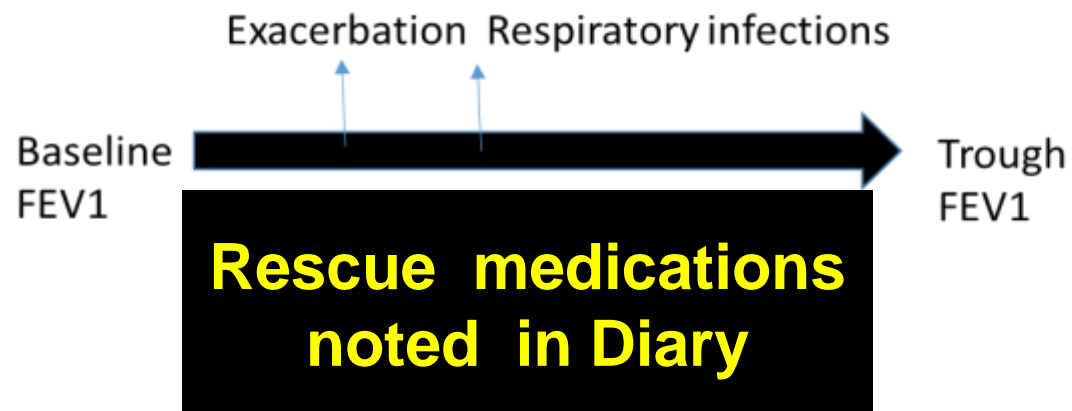
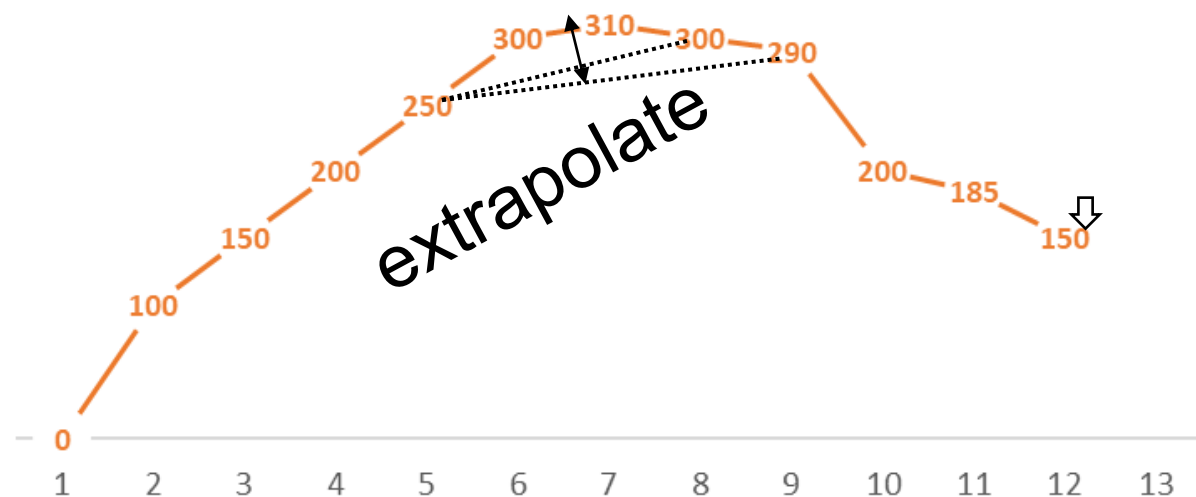
## Challenges

- Discontinue- medications ( including ICS)- exacerbations
- High patient dropouts



# Data Analysis Consideration and Challenges

AUC FEV1 CHANGE FROM BASE LINE



- AUC –Missing time points?



# Key Take aways

## **BE PK studies:**

- Reference variation—Evaluate the reference elaborately
- Standardize Inhalation techniques

## **CEBE Studies:**



# **Acknowledgment**

Sandoz Clinical Development Center-Global

- Clinical Development
- IVIVC
- Pharmaceutical Development
- Regulatory



# References

- Guidance for Industry- Bioequivalence Studies with Pharmacokinetic . Endpoints for Drugs Submitted Under an ANDA (pages 1-20)  
<http://www.fda.gov/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/default.htm>.
- Product-Specific Guidances for Generic Drug Development.  
<https://www.accessdata.fda.gov>



**Thank you**

